

Worthing Hockey Club

CLUB WELFARE

PARENT/LEGAL GUARDIAN GUIDE

What can we expect from the WORTHING HOCKEY CLUB?

- A friendly welcome, an opportunity to meet new friends and to participate and watch hockey
- Opportunities for your child to have fun and develop their skills as much as they want to
- A safe environment
- Qualified coaches and responsible volunteers
- Relationships based on trust, honesty and respect where your child is valued and listened to
- Your child's welfare and safety is paramount
- Members will recognise your child's rights, whatever their age, gender, culture, ability, language, religious belief, racial origin, and/or sexual identity
- Opportunities for you to get involved
- Safeguarding and Protecting Young People Policy and Complaints Policy are available for you on request
- Clear lines of communication with you about your child, fixtures, training and events
- Appropriately trained to work with young people

What does the WORTHING HOCKEY CLUB expect from my child?

There is a guide for young people which details expectations which include:

- Fair play
- Listening to the coaches
- Adherence to the young people's code of conduct and behaviour
- Adherence to the rules of the game and rules of WORTHING HOCKEY CLUB.

What does the WORTHING HOCKEY CLUB expect from me?

They may expect you to....

- stay with your child when they are at the venue
- ensure that your child is dropped off and picked up promptly from the venue
- contact the organisers if you are running late to collect your child
- adhere to the rules of WORTHING HOCKEY CLUB
- adhere to the codes of conduct, in particular the Parents' Code of Conduct
- accept the guidance that coaches provide and umpire's decisions within matches
- use appropriate language at all times
- stay off the pitch during training and matches
- never force your child to participate
- provide emergency contact details and any relevant information about your child including medical history.

The WORTHING HOCKEY CLUB would like you to:

- become involved as much as possible
- support the coaches by ensuring your child enjoys their hockey and plays within the rules of the game
- encourage fair play
- encourage your child to recognise good performance, not just results

YOUNG PERSON'S GUIDE

What can I expect from the WORTHING HOCKEY CLUB?

The WORTHING HOCKEY CLUB will have:

A membership scheme

This will be explained to you when you arrive at the club. You will receive information on how much this will cost, kit you will require, rules of the club, when training sessions are and match information.

Qualified coaches

The coaches understand and know how to help you play the best hockey you can.

Volunteers

Any adult working within the club will have been on training to ensure they know how to support and look after you.

The club will have a First Aider, Team Managers and a Welfare Officer.

Make sure you know who these people are and introduce yourself to them.

Rules

The game of hockey has rules, which you will learn as you play.

The club has rules, which you will also learn. For example, one rule is that junior members are not allowed to smoke. These rules are there for your safety and are not to be broken.

Opportunities for you to play

There will be teams and squads of boys and girls your own age. You will get to know them and learn how to play hockey with them.

Matches and competitions

There will be a chance for you to train and play in your club team against other clubs.

Anti-bullying policy

This clearly states how the club will deal with any situations of bullying, either adult to young person or young person to young person.

Safeguarding and Protecting Young People Policies and Procedures

These provide the club with ways of ensuring that you are safe and enjoy your hockey.

Codes of Conduct and Behaviour

These clearly state how members must act towards you and support you. This includes coaches, volunteers, officials and parents.

What does the WORTHING HOCKEY CLUB expect from me?

Code of Conduct

They will give clear messages on how they expect you to behave.

This may be in the form of a Code of Conduct.

The Code of Conduct will clearly state what is OK and what is not OK.

For example:

- Junior members are not permitted to smoke
- Junior members are not permitted to drink alcohol

Club Rules

The rules of Worthing Hockey Club are printed in the Club Handbook.

These are handed out to the membership once the Membership form and payment is made, and available before the start of the new season.

They are also available on the club website.

All junior players are required to wear shin pads and gum guards when training and playing (Protective glove(s) are recommended)

Don't keep it to yourself!

You have the right to:

- Have fun when playing hockey
- Be safe when playing hockey
- Enjoy your hockey
- Make friends through hockey
- Be treated with respect by adults and other young people involved in hockey

Are you worried?

- My coach is bullying me
- Another adult at hockey is bullying me
- Another member of my team is bullying me
- One of the coaches or volunteers is threatening me
- An adult is making me do things which I know are wrong
- Someone is touching me and making me feel uncomfortable
- Someone is constantly teasing me, shouting at me or kicking and punching me
- Someone is making suggestive remarks or asking me to do things of a sexual nature
- Someone is acting in a way which makes me feel lonely, upset, unsafe or embarrassed

If the answer is YES - Don't keep it to yourself - ask for help.

Who can I talk to?

Talk to your Welfare Officer.

It can sometimes be difficult to speak to an adult about how you are feeling.